

ALUMNI NEWSLETTER

Issue #4H17

Fall 2017

Welcome

Dear School of Nursing Alumni,

Your Stony Brook University Nursing Alumni Board is pleased to present the Fall 2017 edition of the School of Nursing Newsletter. We hope you had a wonderful and meaningful summer and fall. Over the past several months, many parts of the United States have been significantly impacted by severe and in many cases unprecedented weather events. Please keep those impacted in your thoughts.

As always, your Newsletter Team and contributors hope you find the enclosed contents will bring you up-to-date on the many exciting activities and events that have occurred since our last publication. Please stay in touch and informed about your School of Nursing as we welcome our newest classes of nursing students (undergraduates and graduates) and returning students. We look forward to sharing stories about alumni milestones, current student events, and much more. We hope that you find the contents interesting, informative, humorous and maybe even inspirational and look forward to hearing from you if you'd like to share a story, a picture or whatever you like in the near future.

Your SON Alumni Board wishes you a Happy Thanksgiving and a wonderful and safe holiday season. We'll see you next year.

Your Newsletter Team

Charlie Davis BS, Nursing Class of 2014

Samara Kravitz BS, Nursing Class of 2015

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About a Nurse



"Happy Thanksgiving to the people I see the most!"

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Greetings from the Alumni Board: President Adriann Combs, DNP-NNP-BC '17



Dear Stony Brook School of Nursing Alum,

Hello and happy Fall from your Alumni Board President. I have much to update you with as the Fall of 2017 proceeds.

The Stony Brook School of Nursing as well as the University Alumni Association continues to spread awareness of its existence and is working hard to identify Stony Brook Alum around the country as well as the world.

Since the last edition of this newsletter, locally, the School of Nursing Alumni Board held a breakfast at Stony Brook University Hospital for Nurse's Week. Seventy-seven alum attended the breakfast where information about the school. This was a great opportunity for some of our 800 nurses who work at Stony Brook to meet their fellow alumni and be recognized. Regionally, for the first time this year, the School of Nursing Alumni Board hosted an alumni reception on the Friday evening during the New York State Nurse Practitioner conference in Saratoga Springs.

Additionally, an interdisciplinary lecture on the Social Determinants of Health was held homecoming weekend that drew alumni of many of the Health Science Schools for an informational presentation and discussion on the impact of many factors on health outcomes. The session concluded with a discussion on mechanisms for collaboration between the disciplines to increase awareness of the multitude of factors that influence health and how collaborative practice can influence the health of the local and global human community.

This Fall, as your president, I had the opportunity to represent you at two University-wide events. The first, the Stony Brook University Alumni Association Board of Directors invited the Alumni board presidents from the Schools of Nursing, Medicine, Dentistry and Social Welfare to join them for their quarterly meeting. The meeting included an overview of Alumni Relations Office activities, a report by Advancement and an address by President Samuel L. Stanley. The Alumni Relation's Office has been busy reinvigorating the activities of many of the Alumni groups including an enhanced presence on Social Media and the identification of social media as a vehicle to enhance awareness of all of the Alumni groups. Senior Vice President Dexter Bailey discussed the progress of *Campaign for Stony Brook* and its goal to raise the \$600 million for Stony Brook, the largest in SUNY history. As of the mid September meeting, \$560 million has been secured with a goal of reaching the \$600 million mark by mid 2018. Dr. Stanley concluded the meeting with an overview of Stony Brook University successes including a 72% 4 year graduation rate which exceeded the 69% projection, being included in the Top 100 Universities by US News and World Report as the 40th as a public university and the implementation of the Excelsior Program which offers no cost tuition to New York State residents entering Stony Brook as freshman with an identified maximum family income. Approximately 10% of the current freshman class benefits from this program.

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The second event I attended as your representative was the University's Joint Advisory Boards Breakfast. At this meeting Provost Michael Bernstein and Dr. Kenneth Kaushansky presented an overview of the University's successes and future plans. Provost Bernstein opened with facts about the University including its humble beginnings 60 years ago as a Teacher's College in Oyster Bay to its current state including the Stony Brook campus, Stony Brook Southampton, Stony Brook Manhattan and Stony Brook campuses in Korea, Madagascar and Northern Kenya. He included that 7,313 students graduated from Stony Brook in 2017 with more than 35,000 applicants for undergraduate admission this Fall! A very interesting fact he discussed was that 40% of Stony Brook applicants were the first generation from families to attend four year universities. He described that the goal of the University was to create an environment similar to the world, developing a strong supportive culture including renowned programs in both the arts and sciences. This year this goal is being supported by 1900 full time faculty and over \$170 million in grants and research dollars. Dr. Kaushansky discussed the growth of the East Campus side including the importance of Stony Brook University Hospital as the counties only Level 1 Adult and Children's trauma center, Burn Unit, kidney and stem cell transplant programs and comprehensive psychiatric emergency program. He discussed the exciting partnership between the Stony Brook location and the newly acquired Southampton campus which can spread the expertise of the Stony Brook faculty and resources to the East End of Long Island. His comments concluded with the plans for the opening of the MART (Medical Arts and Translational Research Tower) in addition to the new ICU tower which will contain state of the art adult and pediatric ICU beds. All in all, a very exciting time to be part of the Stony Brook Community as an active member of the Alumni Association. This brought a lot of discussion on how as alumni, we can spread the message, with pride of the success and growth of the Stony Brook University!

With the holidays approaching, I ask that you remember the opportunities that your education and relationships at Stony Brook have afforded you and your family and actively support those within our communities that are less fortunate including those affected by the flooding, hurricanes and massive fires within the United States, Puerto Rico and the Virgin Islands.

The School of Nursing Alumni Board looks forward to hearing from you! Please share your milestones with us as we would like to include them in future additions of the newsletter.

Thank you for the opportunity to serve as your president.

Respectfully,

Adriann Combs, DNP-NNP-BC '17



Significant Stony Brook

SON Achievements

Stony Brook University School of Nursing Rankings

U.S. News & World Report 2016 Ranked # 10 Best Online Graduate Programs

Victory Media 2016 Military Friendly School

U.S. News & World Report Ranked #9 Best Online Graduate Nursing Programs for Veterans

Best-Nursing-Colleges.com 2015 Ranked #15 School of Nursing

U.S. News & World Report 2015 Ranked # 90 Best Graduate Schools

Top 50 Best Value Online MSN 2015 Ranked #1 Master of Science Nursing

Top 50 Best Value BSN 2015 Ranked #4 BSN Program

Best Online Nursing Programs 2015 Ranked # 18 Undergraduate Program

Mark Your Calendars!

DNP Reunion RESCHEDULED! March 3rd, 2018

School of Nursing Alumni meet at the New York State NPA Conference - October 19th, 2018



Alumni get together in Saratoga Springs during the New York State NPA Conference on October 19, 2017 at the Parting Glass Pub. Photo courtesy of Mary Hoffmann

Stony Brook Student Nurses' Association

Article and Pictures Courtesy of the SBSNA Executive Board



For the first time since the foundation of Stony Brook's Student Nurse's Association, members will have the opportunity to attend the 35th annual MidYear Career Planning Conference in San Diego, California come this November. One representative from each nursing class and two additional SBSNA board members will have the privilege of traveling across the country to gain guidance in jumpstarting their careers from fellow students, nurses and especially, key note speaker Doctor Mary Foley – former president of both the ANA and the NSNA. In addition to the Midyear conference, the

board members from Stony Brook's Student Nurse's Association will be attending the 66th annual National convention in Nashville, Tennessee this April.

On the home front, SBSNA members have been working diligently this year to reinvent their chapter. Lead by President Joey Ryan (National Board Vice President position holder) and Vice president Lindsay Roblyer (State Board Nominations and Election Chair position holder), the board of Directors and student members are embarking on a new journey filled with new opportunities in in breakthrough, mentoring, social media communications, fundraising and community involvement.



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Published! The Nurse Scientist / Nurse Engineer

Charles Davis, BS '14

Charles Davis, B.S., Nursing (2014), has a peer-reviewed paper accepted for publication. The paper addresses a new professional practice opportunity space for a unique demographic of nurse. The thesis of the paper addresses the fact that nurses are the front-line healthcare provider for patients. Therefore, they are the professionals that are in the best position to identify innovation opportunities to improve healthcare delivery and patient outcomes. Unfortunately, a multi-decade review of U.S. Patents awarded identify that nurses are involved with <5% of medical inventions. Charles and co-author Mary Ellen Glasgow posit this situation can and needs to be addressed by providing additional basic science and engineering education, training and experience opportunities for a specific population of nurses interested in the specialization. For example, several institutions already recognize the importance and power of a combining nursing with more extensive science or engineering education and experience. Exemplary institutions that are pioneering efforts to trail blaze the nurse-scientist or nurse-engineer include

- Duquesne University School of Nursing announced of a 5-year biomedical and bachelor of science in nursing dual-degree program.
- The *MakerNurse* movement at the Massachusetts Institute of Technology. *MakerNurse* is a unique environment where creative and innovative nurses can collaborate with experts that have the tools and resources to fabricate engineering prototypes of their concepts or one-off solutions. Example collaborations in the *MakerNurse* setting include: Bon Secours St. Mary's Hospital in Richmond, Virginia; Driscoll Children's Hospital of Corpus Christi, Texas; Maimonides Medical Center in New York City; the Mayo Clinic in Rochester, Minnesota; South Shore Hospital in South Weymouth, Massachusetts; and the Sierra Providence Health Network and the Texas Tech University Health System, both in El Paso, Texas.
- University of Detroit Mercy Colleges of Nursing and Engineering collaborated to provide assistive devices to disabled individuals while teaching innovation, technology, and collaboration to students.

Publication Details Summary:

Title - Nurse-scientists nurse-engineers. Nurse-driven device innovations and inventions can improve patient care.

Authors - Charles R. Davis, PhD, BSN, RN, AE-C (School Nurse, Webutuck Central Schools, Amenia, NY) and Mary Ellen Smith Glasgow, PhD, RN, ANEF, FAAN (Dean, School of Nursing, Duquesne University, Pittsburgh, PA)

Journal - American Nurse Today (the official Journal of the American Nurses Association)

Publication Date - November, 2017

Stony Brook School of Nursing Alumni Go Far Beyond: A Medical Mission

by Ashley Cummings, B.S., Nursing 2014

Hello SBU School of Nursing Alumni! I hope everyone is doing well! I wanted to share my experience during my first medical mission trip to Haiti, last October 2016. I always said that once I became a Registered Nurse that I would give back. I love traveling and love nursing, so I thought why not combine the two! That is when I decided to take the opportunity and go to Haiti with a medical team, in particular, the Tallahassee-Haiti Medical Team. We ran a clinic in a small town called Campeche-Dumay. It is a rural community about 1-2 hours outside of Port Au Prince.

Before going to Haiti, I received a huge amount of support from my family and friends. So many people donated and I was able to bring many medical supplies, medicine, clothes, books, and personal hygiene supplies. Since my team went during



Hurricane Matthew, our clinic was closed for a day. Due to this, the rest of the week was very busy. For example, between myself, another Registered Nurse, a Medical Doctor, and a Physician Assistant, we saw about 100 people a day. We had a very small team due to traveling constraints of Hurricane Matthew.

During the week at the clinic, we saw cases from a common cold and fever to a child that was severely dehydrated requiring IV fluids. Medical supplies were limited, so I was able to learn how to provide the same level of patient care that I would at home with limited resources. I learned so much from the others on the team and acquired new clinical skills in areas other than Oncology. The last full day of the trip we visited an orphanage. We brought the children books, clothes, toys and anti-parasitic medication as a part of World Health Organization's deworming campaign.

I keep in touch with patients, members of the medical team, the Haitian medical staff, and especially the children in the village.

They were my favorite part of this trip. So full of life and appreciative for our hard work during the week we were there. I encourage every nurse to go on a medical trip if they have the opportunity. It is such a rewarding experience! If anyone is interested in going to Haiti, I have provided the website. If you have any questions, please do not hesitate to ask! <http://www.myhaititeam.org/>



Alumni and Faculty Spotlight:

Dr. Patricia Bruckenthal PhD, '04, MS, '87, BS, '81, AA '75



We are proud to introduce Dr. Patricia Bruckenthal as this edition's Alumni/Faculty spotlight. You'll read about her many outstanding achievements and see why she was selected.

Dr. Patricia Bruckenthal is currently an Associate Professor and Associate Dean for Research and Innovation at Stony Brook University School of Nursing, as well as holding an appointment as an associate professor at Stony Brook Medicine. As the Associate Dean for Research and Innovations, Dr. Bruckenthal aides faculty and students with their scholarship development needs. They work together to create plans that align each person's personal academic goals with the mission of the School of Nursing. This includes setting up collaborative relationships with researchers and expert clinicians both inside and outside Stony Brook University.

Dr. Bruckenthal is a primary researcher or team member for various projects centered on pain assessment and management. One such project, she developed and evaluated an instrument which assessed pain in cognitively impaired older adults who were unable to communicate. As a co-investigator, she developed the psychometric assessment plan for the instrument as well as provided instruction on the instrument to other nursing professionals. She also has several projects that investigate and evaluate health care professionals' delivery of Pain Coping Skills for chronic pain.

Dr. Bruckenthal received the American Society for Pain Management Nursing® Distinguished Service Award on September 15, 2017 at the National Conference in Phoenix, Arizona. The ASPMN® Distinguished Service Award is presented to a member of ASPMN® in recognition of outstanding leadership, participation, and contributions toward achieving the goals of ASPMN. Dr. Bruckenthal truly has been a champion of the American Society for Pain Management Nursing. She epitomizes distinguished service among her peers.

Dr. Bruckenthal is also heavily involved in the development of an inter-professional educational and care delivery model to deliver preventative health screening and health promotion to older adults and vulnerable populations known as The Partnership for Advancing Collaborative Education (PACE) Center. Along with her colleagues in the SON, the Stony Brook School of Dental Medicine and the School of Social Welfare this delivery model has expanded into the community to senior centers and health fairs and now to younger adults at the Stony Brook Campus Recreation Center. The goal is to further expand through virtual connectivity in the near future.

Congratulations Dr. Bruckenthal. You make us proud.

Do you know of a Stony Brook School of Nursing Alumnus or Faculty Member who would like to be featured in the next Alumni Spotlight? Con-

Alumni and Faculty Milestones

Veronica H. Jones, B.S., Nursing, 1998.

Thank you Stony Brook for a great education! Since SBU, I have graduated from Texas Woman's University, Dallas, TX, with a Master's in Nursing Education. Most recently, I have been teaching at Mountain View College for more than 3 years. I also mentor my students and tutor as often as I can. Nothing will ever replace the experiences I had at Stony Brook. I remember community health nursing which gave me an opportunity to go outside the university and be with those less fortunate. I used to work full-time 11-7 at Southside Hospital then drive to Stony Brook from Bay Shore for 3 years! Nursing is my passion. I can't imagine myself doing anything else! Give my best to all the student nurses.



Margaret Kelly nee Valentine BS Class of 1977 Retired Nurse

"We moved to Newport, RI in November 2016 after my husband and I retired. My husband is a native Newporter and is happy to be back in Newport.

The NPALI Awards Committee is pleased to announce that **Dr. Justin Waryold**, DNP, APRN, ANP-BC, CCRN has been chosen as the 2017 Nurse Practitioner of the Year. Dr. Waryold is a Clinical Assistant Professor at SUNY Stony Brook where he is the director of the Adult-Gerontology program. He works as an Adult Nurse Practitioner at Dix Hills Medical Associates. Dr. Waryold volunteers his time at Rota-Care providing health services to those in the community with limited access to health care. He also volunteers for NPALI as editor of The Advocate. Dr. Waryold has been chosen for his exceptional contributions to the profession as an educator, mentor and direct care provider. NPALI is pleased to recognize his many accomplishments with this year's award.

Robert Yeager Class of 1996 ICU Nurse at Kaiser
Permanenter Northern California Daisy Award Winner.

Rosalie Machalow nee Slifkin MSN Class of 1979

Retired Nurse Practitioner in Psychiatry, 35 Years at
NS-LIJ Zucker Hillside Hospital



Secretary of the Board of Long Beach Reach a drug/alcohol program, mental health clinic with alternative high school. Volunteer League of Women Voters registered high school students, and newly sworn in citizens. Enjoys caring for pets - Ruby poodle, Eddie turtle, Hampton hamster, and 15 mice. Daughter SBU graduate (2012), attorney, is clerking in Wisconsin, and son RPI graduate is a software engineer in California. Enjoy visits there with husband Bob SBU graduate (1973), retired Professor/Librarian.

Alumni and Faculty Milestones Continued

Maria Colandrea MS Class of 2006, DNP Class of 2014 Nurse Practitioner in Otolaryngology; Adjunct Professor Durham VA; Duke School of Nursing

Became a fellow of the AANP 6/2017. Awarded Nurse of the Year in practice through the North Carolina Nurses Association 9/2017. Awarded Great 100 Nurse of North Carolina 9/2017.

Publication through the Journal of the American Academy of Otolaryngology-Head and Neck Foundation on Neck mass guidelines 9/2017

Brian Gugerty Sr. Class of 1982 Service Fellow CDC

Published! Became a co-lead author of McCormick, K., Gugerty, B. & Mattison, J. (2017) Healthcare Information Technology. San Francisco: McGraw-Hill.



Jacqueline Wilson BS, RN Class of 2017

Since graduation I have been involved in a SICU Fellowship which has prepared me to accept an offer at NYU Winthrop's Cardiothoracic Surgical ICU. This has always been a goal of mine and I am grateful for the opportunity to have presented itself.

Dr. Kammy McLoughlin was recognized by Long Island Head Start with an award in appreciation of her many years of service. The Head Start Program is a program of the United States Department of Health and Human Services that provides comprehensive early childhood education, health, nutrition, and parent involvement services to low-income and at-risk children and their families.



Yun Cee Ng Dirsa Class of 2014

Clinical Nurse, Podcast Host at The Mount Sinai Hospital, Resus Nurse Podcast and Blog

Recently launched a free nursing education podcast for emergency nurses called the Resus Nurse Podcast and Blog. The goal is to elevate our emergency nursing practice to provide the best chance for our sick patients. Go to resusnurse.com for show notes and podcast directory.

Special Thanks To:

- Dr. Lee Anne Xippolitos
- Stony Brook School of Nursing
 - Dr. Adriann Combs
 - Mary Hoffmann
- Stony Brook Alumni Association
- The SBU School of Nursing Alumni Board
 - All of the contributing writers

The School of Nursing Alumni Board, 2017-2018

Executive Board

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President Elect: Tracy Dourdounas, MS '09

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Ex-Officio: Dr Lee Anne Xippolitos, BS '81, MS '85

Have you changed your primary email address? Are your Stony Brook School of Nursing Alumni colleagues and friends not receiving our emails? Please keep us updated with your current contact information by emailing Mary Hoffmann at mary.hoffmann@stonybrook.edu

Contact Us

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keep going to 1000!**

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